

Curriculum for the 4th Age Film List

Title	DVD owned by	Comments	date when watched
The Death and Life of Charlie St. Cloud	CCC	Between Love and Promise to look after brother	17/1/15
Driving Miss Daisy		Ageing, Friendship	16/3/13
Goodnight Mister Tom		Deep Friendship Old Man – Young Boy	1/2/14
Hannah Hauxwell		True Story; Hard Life - Letting Go - Travelling 1 st Time	30/3/13
Harold and Maude	CCC	Love between old woman and young man	13/4/13 20/12/14
Little Big Man	CCC	Old Man's Western Epic with Dustin Hoffman	23/11/13
On Golden Pond	CCC	Family Relationships, esp. Grandfather –son	27/4/14
The Iron Lady		Life/Aging of M. Thatcher , dementia	13/4/13
Untouchables		4 th Age after Accident, Friendship	Hall Feb 13
Mrs Caldicot's Cabbage War	CCC	nursing home	24/5/14
Amour	CCC	couple facing debilitating stroke and death	Hall April 13
Departures	CCC	funerals	26/10/13
Marigold Hotel	CCC	Ageing, new beginnings	Hall 2012 18/11/14 CC
Cocoon	CCC	old age, housing	8/11/14
The Notebook	CCC	dementia	9/11/13
My Mother Frank		empty nest, early onset dementia	2/3/13
Meet Joe Black	CCC	death	Oct 13
The Bucket List	CCC	time to start living	June 13
The Secret Life of Bees	CCC	trauma, healing, racism	July 13
The Quartett	CCC	nursing home	7/12/13
Fierce Grace	CCC	stroke, Ram Dass	5/10/13
The Curious Case of Benjamin Button	CCC	ageing, nursing home	21/12/13
When did you last see your father	CCC	dying, life review, father – son	4/1/14
Enlightenment Guaranteed		Buddhism	10/5/14
Mo	CCC	Mo Mowlam, cancer, Northern Ireland	12/4/14
Lost for Words	CCC	stroke	29/3/14
Calendar Girls	CCC	leukemia, empowerment	15/3/14
The Butterfly and the Diving Bell		locked in syndrome	Hall 2013
A Short Stay in Switzerland		assisted dying	1/3/14
Sliding Doors	CCC	life perspective	? Feb 14
The World's Fastest Indian		living the dream	18/1/14
Million Dollar Baby	CCC	assisted suicide	7/6/14
Blonde Bombshells	CCC	living the dream	5/7/14
Seven Pounds		redemption, suicide	21/6/14
Tuesdays with Morrie		living to the end	19/7/14
Five People You Meet in Heaven		afterlife	2/8/14
Nosso Lar		afterlife	16/8/14
What Dreams May Come	online	after life	30/8/14
A Long Way Down		suicide	13/9/14
Choosing to Die (Terry Pratchett documentary)	you tube	assisted dying	26/10/14
Cocoon	CCC	retirement home, rejuvenation through aliens	8/11/14
HardTalk – Atul Gawande	iPlayer	choices for final stage of life	6/12/14
My Name is Khan	CCC	Asperger's, muslim man in US post 9/11	3/1/15
Book thief		WW2, young heroine	31/1/15
Griefwalker	online	death and dying in modern Western society	1/3/15
Still Alice		early onset Alzheimers disease	15/3/15
Iris	CCC	true story Iris Murdoch, dementia	29/3/15

Films we have not yet watched:

007 Sky Fall		
Saving Grace [2000]	CCC	bereavement, economic struggle
Coming Home	CCC	Anti War, Paraplegic coping with life
Ghost	CCC	Love, Death and Thereafter
Harry & Tonto	CCC	Flexibility in Old Age, after 'world' breaks down
My Love My Life	CCC	Youth, cancer
Somewhere in the darkness	CCC	young boy, old man trapped
Angel Doll	CCC	true story, sick little sister
Melinda and Melinda	CCC	perspective of life
King's Speech	CCC	overcoming speech impediment
A Shine of Rainbows	CCC	overcoming limitation, acceptance
Somewhere tomorrow	CCC	ghost
Terms of Endearment	CCC	mother, daughter, cancer
Flatliners	CCC	near death experiences
Big Fish	CCC	father, son
The Greatest Love Makes us Human	CCC	bereavement
Happy	online	documentary on happiness
Raging Grannies	online	grannies questioning economic growth
My sister's keeper	CCC	childhood leukemia, genetic match sibling